



MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION, INC.



MEDICAL HISTORY

- To be completed by parent or guardian or 18-year-old.
Must be signed below by parent or guardian or 18-year-old.

A CURRENT-YEAR PHYSICAL IS ONE GIVEN ON OR AFTER APRIL 15 OF THE PREVIOUS SCHOOL YEAR

Form with fields for Student's Name (Last, First, MI, Sex, Grade, Date of Birth, Age), Student's Address (Number and Street, City, ZIP), Name of Father or Guardian (Work Phone), Name of Mother or Guardian (Work Phone), Family Doctor (Office Phone), and Student's Home Phone.

MEDICAL HISTORY

Table with columns for General Questions, Your Family's Heart Health Questions, Medical Questions, Bone and Joint Questions, Immunization History, and Females Only. Each question has Yes/No columns.

INSURANCE STATEMENT AND CERTIFICATION

Our Son/Daughter will comply with the specific insurance regulations of the school district and the Medical History questions are as complete and correct as possible.

Family Insurance Co: \_\_\_\_\_ Insurance ID #: \_\_\_\_\_

Signatures of Student: \_\_\_\_\_ & Parent/Guardian or 18 Year Old: \_\_\_\_\_

< DETACH HERE IF NEEDED TO ACCOMPANY STUDENT ATHLETE >

EMERGENCY INFORMATION - To Be Completed by Parent or Guardian or 18 Year Old

Emergency information form with fields for Student's Name, Grade, IN EMERGENCY CONTACT (1) or (2), Phone #, Cell #, Family Doctor, Allergies, Drug Reactions, and Current Medications.



# MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION, INC.

## PHYSICAL EXAM & CLEARANCE & CONSENT FORMS



- To be completed by parent or guardian or 18-year-old.
- Must be signed in **two** places on this page by parent or guardian or 18-year-old.

**A CURRENT-YEAR PHYSICAL IS ONE GIVEN ON OR AFTER APRIL 15 OF THE PREVIOUS SCHOOL YEAR**

PLEASE PRINT

|                                |       |      |       |                            |    |    |    |         |
|--------------------------------|-------|------|-------|----------------------------|----|----|----|---------|
| STUDENT'S COMPLETE LEGAL NAME: |       | Last | First | Middle                     |    |    |    |         |
| STUDENT'S DATE OF BIRTH:       | Month | Day  | Year  | PLACE OF BIRTH: City State |    |    |    |         |
| CIRCLE GRADE:                  | 6     | 7    | 8     | 9                          | 10 | 11 | 12 | SCHOOL: |

### PHYSICAL EXAMINATION & MEDICAL CLEARANCE

To be completed by the examining MD, DO, PA or NP & Returned Directly to the patient. Categories may be added or deleted. Check Appropriate Column

| EXAMINATION: (Circle Correct Response As Necessary)  | Height: | Weight: | Male/Female   | BP: /                    | Pulse:                 | Vision: R 20/ | L 20/                    | Corrected: Yes No |
|--|---------|---------|---------------|--------------------------|------------------------|---------------|--------------------------|-------------------|
| <b>MEDICAL</b>   |         |         | <b>NORMAL</b> | <b>ABNORMAL FINDINGS</b> | <b>MUSCULOSKELETAL</b> | <b>NORMAL</b> | <b>ABNORMAL FINDINGS</b> |                   |
| Appearance: Marfan stigmata (kyphoscoliosis, high-arched palate, pectus excavatum, arachnoidactyly, arm span > height, hyperlaxity, myopia, MVP, aortic insufficiency) |         |         |               |                          | Neck                   |               |                          |                   |
| Eyes/Ears/Nose/Throat: Pupils Equal Hearing  |         |         |               |                          | Back                   |               |                          |                   |
| Lymph Nodes  |         |         |               |                          | Shoulder/Arm           |               |                          |                   |
| Heart: Murmurs (auscultation standing, supine, +/- Valsalva) Location of point of maximal impulse (PMI)  |         |         |               |                          | Elbow/Forearm          |               |                          |                   |
| Pulses: Simultaneous femoral and radial pulses   |         |         |               |                          | Wrist/Hand/Fingers     |               |                          |                   |
| Lungs:   |         |         |               |                          | Hip/Thigh              |               |                          |                   |
| Abdomen  |         |         |               |                          | Knee                   |               |                          |                   |
| Genitourinary (Males Only)   |         |         |               |                          | Leg/Ankle              |               |                          |                   |
| Skin: HSV, lesions suggestive of MRSA, tinea corporis  |         |         |               |                          | Foot/Toes              |               |                          |                   |
| Neurologic:  |         |         |               |                          | Functional: Duck Walk  |               |                          |                   |

RECOMMENDATIONS:

I certify that I have examined the above student and recommend him/her as being able to compete in supervised athletic activities **NOT** crossed out below  
 BASEBALL - BASKETBALL - BOWLING - COMPETITIVE CHEER - CROSS COUNTRY - FOOTBALL - GOLF - GYMNASTICS  
 ICE HOCKEY - LACROSSE - SKIING - SOCCER - SOFTBALL - SWIMMING - TENNIS - TRACK & FIELD - VOLLEYBALL - WRESTLING

**A CURRENT-YEAR PHYSICAL IS ONE GIVEN ON OR AFTER APRIL 15 OF THE PREVIOUS SCHOOL YEAR**

SIGNATURE OF EXAMINER: \_\_\_\_\_ DATE: \_\_\_\_\_  
 PRINTED NAME OF EXAMINER: \_\_\_\_\_  
 CIRCLE ONE MD DO PA NP

### STUDENT PARTICIPATION & PARENT OR GUARDIAN OR 18 YEAR OLD CONSENT

The information submitted herein is truthful to the best of my knowledge. By my/my child's signature below, I/we acknowledge that I/we have received concussion educational information that meets Michigan Department of Health and Human Services and MHSAA requirements. Further, in consideration of my/my child's participation in MHSAA-sponsored athletics, I/we do hereby agree, understand, appreciate, and acknowledge: that participation in such athletics is purely voluntary; that such activities involve physical exertion and contact and that there is inherent risk of personal injury associated with participation in such activities, which risk I/we assume; and that I/we agree to, and hereby, waive any and all claims, suits, losses, actions, or causes of action against the MHSAA, its members, officers, representatives, committee-members, employees, agents, attorneys, insurers, volunteers, and affiliates based on any injury to me, my child, or any person, whether because of inherent risk, accident, negligence, or otherwise, during or arising in any way from my/my child's participation in an MHSAA-sponsored sport.

I/we understand that I am/we are expected to adhere firmly to all established athletic policies of my school district and the MHSAA  
 I/we hereby give my consent for the above student to engage in interscholastic athletics and for the disclosure to the MHSAA of information otherwise protected by FERPA and HIPAA for the purpose of determining eligibility for interscholastic athletics. My child has my permission to accompany the team as a member on its out-of-town trips.

**Signature of STUDENT:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Signature of PARENT:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
 or GUARDIAN or 18 YEAR-OLD

< DETACH HERE IF NEEDED TO ACCOMPANY STUDENT ATHLETE >

### MEDICAL TREATMENT CONSENT - To Be Completed By Parent or Guardian or 18-Year-Old

I, \_\_\_\_\_, an 18 year-old, or the parent or guardian of \_\_\_\_\_ recognize that as a result of athletic participation, medical treatment on an emergency basis may be necessary, and further recognize that school personnel may be unable to contact me for my consent for emergency medical care. I do hereby consent in advance to such emergency care, including hospital care, as may be deemed necessary under the then-existing circumstances and to assume the expenses of such care.

**SIGNATURE OF PARENT OR GUARDIAN** OR 18 YEAR-OLD \_\_\_\_\_ **DATE** \_\_\_\_\_